

## How can you help us

- **Make a donation:** The cost per child per month is Rs 3000 for life saving chelation medications alone. Think of people from very poor economic background who cannot afford for this. Over the last 3 years, many families needed to have antenatal diagnosis and deliver a thalassaemia free child and this requires at least 15,000 per case.
- **Blood donation:** Thalassaemia is a genetic condition where the children need monthly blood transfusion lifelong. The cost of blood is unaffordable. Replacing blood donors for obtaining blood is an option. But, sometimes parents have a difficulty to find a blood donor for their child. We urge people to donate blood for thalasseemics. You can also donate blood during our blood donation camps at Madurai which will be organised twice a year. For more information, please contact us at [nivethan.mdu@gmail.com](mailto:nivethan.mdu@gmail.com)

- **Be a sponsor:**

**Sponsor a bone marrow transplantation for a child-** Bone marrow transplantation is the only curative option. We need 8 lakhs per child for this procedure.

**Sponsor a blood on rotation system** - The timely requirement of blood transfusions is a life and death situation. In this blood rotation program, a group of volunteers "adopt a patient" meaning whenever a patient requires blood, one of the group members is available for the blood donation.

**Sponsor establishing a blood transfusion centre at Madurai-** We hope to get to schools and colleges to raise awareness and provide a centre for transfusion, testing and counselling.

- **Spread awareness:** Learn more about Thalassaemia and join us spread the world. You can participate in our work and also join us in our facebook and whatsapp platform for wider understanding and dissemination.

## ***Make your donations to***

### **"NIVETHAN TRUST"**

State Bank of India

Tallakulam Branch

Madurai-625002

S.B.Account No: 30437489626

IFSC Code: SBIN0000253

Donations exempt under 80 (G) of I.T. Act

Reg.No: 464/154/2008-2009/CIT-I, Madurai, valid upto 31 March, 2011.